

Beef Noodle Bake

1 pound ground beef

1 can (8 ounces) tomato sauce

1 tsp. salt

$\frac{1}{2}$ tsp. garlic powder

$\frac{1}{2}$ tsp. onion powder

$\frac{1}{4}$ tsp. pepper

1 cup small-curd cottage cheese

1 cup (8 ounces) sour cream

$\frac{1}{2}$ cup minced chives

8 ounces medium egg noodles, cooked and drained

$\frac{3}{4}$ cup shredded cheddar cheese

In a skillet over medium heat, cook beef until no longer pink; drain. Add tomato sauce, salt, garlic powder, onion powder and pepper; bring to a boil. Reduce heat; cover and simmer for 5 minutes. Meanwhile, combine the cottage cheese, sour cream and chives; fold in noodles. In a greased 3 qt. baking dish, layer half of the noodle mixture and meat mixture. Repeat layers. Cover and bake at 350 degrees for 35 minutes. Uncover, sprinkle with cheddar cheese. Bake 5 minutes longer or until cheese is melted. Yield: 6 servings.